Transformations Newsletter

Northeast Delta Human Services Authority

April 2022

Message from the Executive Director

At Northeast Delta Human Services Authority (NEDHSA), we have introduced solutions to start the change for many in our region. We've answered many questions and eliminated many concerns raised by our region's most vulnerable. And we've also reminded them that we've been here and will always be committed to their overall health and well-being.

In our last newsletter, I shared that significant societal problems were on the horizon: tragedies and hardships, a rise in crime, increased incarceration rates, more addiction-related hardships, an uptick in various forms of mental illness, increased primary health challenges, to name a few. And based on my clinical and administrative experiences, knowledge of current research, and my connection with vulnerable communities, I knew we needed to become more creative as an agency and act with urgency to save lives.

We developed transitional housing options, community outpatient and inpatient mental health services, workforce development programs, peer support centers, and special initiatives that targeted marginalized children, seniors, veterans, and members of houses of faith. Without these services and our host of clinicians, care managers, developmental disability staff, prevention and wellness team, and administrative personnel, things would be very dire in Louisiana's Delta.

I've been telling my team for nine years that we must meet our people where they are. Access to quality and competent health care has been a challenge for the people we serve; that's why a NEDHSA's Mobile Health Clinic was deployed. We're now providing mobile mental health, addiction, and primary health care services. We also offer affordable pharmaceutical solutions to help with medication compliance, ensure affordability, and decrease the misuse of prescription drugs.

In Louisiana's Delta, we were forced to build our own integrated service model and community partnership network. We are committed to helping meet the complex needs of our indigent, Medicaid, Medicare, and commercial insurance clients.

As I continue to contemplate the challenges ahead for vulnerable people and communities in the Delta and across Louisiana, I have become more confident and resolved to work even more collaboratively across service sector silos so that system improvements can be made. Vulnerable people and fragile communities deserve solutions to problems from those who lead and serve in our state's behavioral and primary healthcare systems.

- Dr. Monteic A. Sizer, NEDHSA Executive Director

NEDHSA's Regional Announcements

Northeast Delta HSA Expands Pharmacy Solutions in Region 8

"We developed this pharmacy infrastructure so that our patients, staff, provider networks, and the entire region will be able to obtain cost-effective medications as part of our holistic behavioral and primary health care delivery system," Dr....

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NEDHSA deploys mobile health clinic to increase health...

MONROE, La. (PRWEB) February 25, 2022 -- Northeast Delta Human Services Authority (NEDHSA) has deployed a state-of-the-art mobile health clinic to increase access to critical mental health, addiction services, and primary healthcare screenings in ...

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NEDHSA releases results from Food Insecurity Survey

Have You Seen It?

Louisiana Living: Northeast Delta Human Services

by: My Sherie Johnson Posted: Updated: WEST MONROE, La. (KTVE/KARD) - Today on Louisiana Living, Julia Albritton join Ashley Doughty to discuss Northeast Delta Human Services. Tune into the video posted above to learn more. For more Louisiana...

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www.myarklamiss.com

Read the Full Report by Clicking Here

Helping Our Region Rise Above Stigma

RISE
ABOVE STIGMA
Northeast Delta Human Services Authority

"We understand that there are many systemic barriers to health-seeking behaviors in rural communities. We also understand that these barriers are rooted in history, inefficient delivery systems, and poor social conditions. We intend to help improve our region."

- Dr. Monteic A. Sizer, Executive Director

24/7 Crisis Hotline: 800-256-2522

nedeltahsa.org

Transformation Thursday (March 2022) - Lisa Melchior Ph, ...

In this special second livestream of Transformation Thursday in March, we have Lisa Melchior Ph, D. to talk about the progress of the Rise Above Stigma initi...

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It's Okay to Not Be Okay..

Just because something is wrong, doesn't mean something is wrong with you.---- 24/7 CRISIS HOTLINE ~(If you need anything don't hesitate to call)1-800-256-252...

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www.youtube.com

Northeast Delta HSA releases evaluation report of...

MONROE, La. (PRWEB) February 08, 2022 -- Northeast Delta Human Services Authority (NEDHSA) announces the release of its six-month Rise Above Stigma evaluation report. This evaluative document serves as a progress report on what was accomplished...

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Louisiana Living: Northeast Delta Human Services

by: Kevin Dudley, Jr. Posted: Updated: WEST MONROE, La. (KTVE/KARD) - Today on Louisiana Living, DeRon Talley of the Northeast Delta Human Services joins Ashley Doughty to discuss the Rise Above Stigma Initiative. Copyright 2022 Nexstar Media...

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Transformations Blog: Black History Month and Health...

As we celebrate Black History Month, we must be able to see our common humanity. We all, in varying degrees, live, love, laugh, get sick, and die. We all have fears, dreams, and desires. A person's race, ethnicity, political affiliation,...

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Transforming Region 8

Prevention, Wellness, Awareness, and More

NEDHSA's Prevention And Wellness team hosted a booth at the Winnsboro Community Spring Carnival!

We taught the youth and community about the dangers of Alcohol Abuse, then set them loose in a giant inflatable maze wearing "drunk" goggles!

It was a blast seeing everyone learning and having fun!

Northeast Delta HSA to unveil Prescription Drug Takeback ...

"Studies show that many people store their controlled prescriptions, which plays a significant factor in contributing to misuse and abuse," Dr. Sizer said. Northeast Delta Human Services Authority (NEDHSA) is set to unveil a Prescription Drug...

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Addressing the Opioid Crisis

NEDHSA unveiled a Prescription Drug Takeback Box in Jonesboro on Friday, February 18 as part of a cooperative endeavor agreement with the Jonesboro Police Department and another opportunity for NEDHSA to provide further service following a recent Rise Above Stigma town hall with parish residents.

The dropbox was purchased by NEDHSA and is located at 100 Fourth Street, Jonesboro, LA 71251, with 24/7 security. Anyone can put unwanted medications in the dropbox with no questions asked. The contents are collected and destroyed by the Drug Enforcement Administration.

HSA
Northeast Delta
Human Services Authority

Mental Health • Addictive Disorders
Developmental Disabilities • Prevention & Wellness

Northeast Delta HSA to unveil Prescription Drug Takeback ...

Monroe, LA - Northeast Delta Human Services Authority (NEDHSA) is set to unveil a Prescription Drug Takeback Box in Richwood on Wednesday, March 2. This is being done as part of a cooperative endeavor agreement with the Town of Richwood through...

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NEDHSA unveiled a Prescription Drug Takeback Box in Richwood on Wednesday, March 2. This was done as part of a cooperative endeavor agreement with the Town of Richwood through the agency's Louisiana State Opioid Response (LaSOR) grant.

The dropbox was purchased by NEDHSA and is located at 2710 Martin Luther King Drive, Richwood, La. 71202, with 24/7 security. Anyone can put unwanted medications in the dropbox with no questions asked. The contents are collected and destroyed by the Drug Enforcement Administration.

We're thankful to the Union Parish Sheriff's Office for having us for Narcan Training. NEDHSA's Prevention & Wellness team conducted training to teach about the dangers of fentanyl, and the lives we lose due to overdose.

Northeast Delta HSA to host 2022 Youth Summit, 'big Al,' ...

MONROE, La. (PRWEB) March 21, 2022 -- Northeast Delta Human Services Authority (NEDHSA) will bring awareness to underage drinking, drug use, mental health, and more among the teenage population in northeast Louisiana in a two-hour Virtual Youth...

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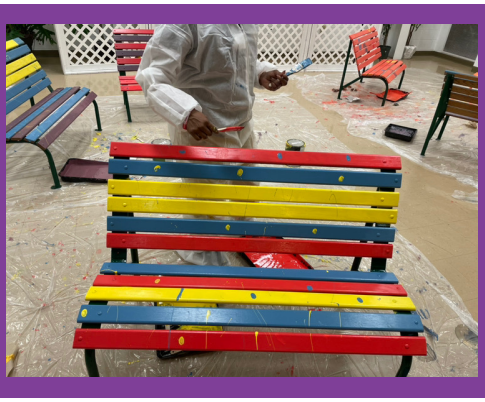
Northeast Delta Human Services Authority hosted its 2020 Virtual Youth Summit to bring awareness to underage drinking, drug use, mental health, and more among the teenage population in northeast Louisiana on March 25, 2022.

The theme for the Youth Summit was “We L.I.T. (Leaders In Training),” which focused on the impact youth can make in the community and help them understand the power within themselves.

The Youth Summit featured keynote speaker Louisiana-based Gospel Hip-Hop/ R&B artist Al “big AL” Cherry, a family man, motivational speaker, and preacher.

Local influencers and motivational speakers also shared transformational words of encouragement and empowerment, such as the 2022 Miss University of Louisiana Monroe Asja Jordan and Raven Thissel.



NEDHSA's Madison Parish High School Student Ambassadors painted Buddy Benches as part of the Al's Pal curriculum to teach students how to be kind and show empathy toward others during difficult times on the playground.

NEDHSA's Prevention & Wellness team attended the Tallulah School Board Community Tour.

Leaders were invited to Tallulah and given an opportunity to tour all Madison Parish schools and learn about the great programs and accomplishments their schools have implemented. NEDHSA's Prevention & Wellness team was a part of the great work by providing the community with programs such as Al's Pals and Signs of Suicide in the recent year.

Ivy Parhms and Joyce Landrum with Prevention and Wellness attended this awesome event and we thank Superintendent Dr. Butler and the Tallulah Community for the tour of their great schools and for allowing us to serve in your community.

Al's Pals Newsletter - Region 8 Teachers Are Great!...

Read Now Al's Pals Newsletter - Region 8 Teachers Are Great! NEDHSA Early Childhood Prevention & Wellness Berg Jones Elementary- Monroe City Schools This year our Early Childhood HSA Prevention team

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Staff Pride & Highlights

In order to transform the region and ensure all individuals are thriving and reaching their full human potential, it takes a great staff. NEDHSA appreciates the work of the great Social Workers, especially during Social Worker Appreciation Month. These folks represent the lifeblood of everything we do, and we'd be nothing without them.

Congratulations to NEDHSA's Human Resources team for achieving the 100% Civil Service Audit Award. Pictured left to right are Jamaile Burton, Human Resources Director Tina Conley, Delores Harris, and Chauncey Strange. Thank you from all of us at NEDHSA!

NEDHSA in the News

Mental health and mental illness: What resources are...

The terms "crazy" and "unstable" have become pejorative terms because of the way society views mental illness, local professionals say, and this stigma is causing many to suffer needlessly. The effort to destigmatize mental health issues seeks to ...

Read more
www.thenewsstar.com

NEDHSA, Prime Time Head Start collaborate to provide...

MONROE, La. (PRWEB) January 13, 2022 -- Northeast Delta Human Services Authority (NEDHSA) and Prime Time Head Start have agreed to coordinate behavioral healthcare services, parenting and family engagement classes and presentations, and mutual...

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www.prweb.com

Northeast Delta HSA, Governor's Office of Elderly...

MONROE, La. (PRWEB) January 04, 2022 -- Northeast Delta Human Services Authority (NEDHSA) and the Governor's Office of Elderly Affairs (GOEA) have signed a memorandum of understanding to increase access to quality and competent care for senior...

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ULM art students create a mental health mural

MONROE, La. (KNOE) - A group of ULM art students created a mural with a specific purpose. The class designed the project to help students identify signs of mental illness and encourage young adults to seek help. A recent study from the Mayo...

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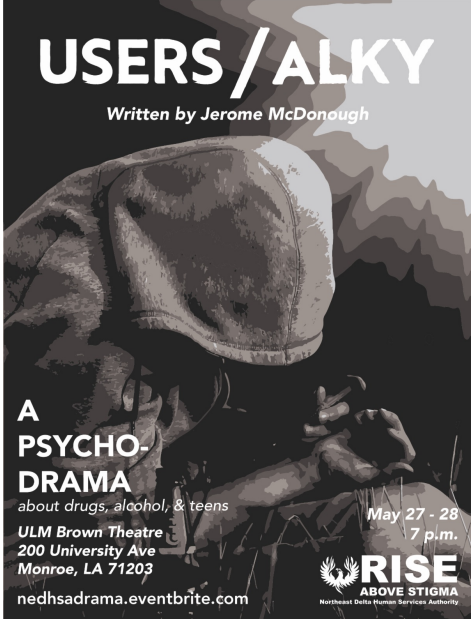
www.knoe.com

NEDHSA to Bring Message to Theatre with



'Users/Alky'...

MONROE, La. (PRWEB) February 01, 2022 -- Northeast Delta Human Services Authority (NEDHSA) and Candy Studio LLC are partnering to produce two showings of "Users/Alky," a play to educate the public about the dangers and realities of alcohol and...

Read more
www.prweb.com

Transformation Thursdays

NEDHSA has launched its Transformation Thursday series, a live virtual conversation that highlights its initiatives, programs, resources, and impact in the region.

Tune in to Facebook Live on the first Thursday of each month at 12 noon to watch and learn about the work NEDHSA is doing in the region.

Northeast Delta
Human Services Authority

24/7 Crisis Hotline for Mental Health & Addictive Disorders
800-256-2522

Developmental Disabilities Waiver Service Help Line
800-660-0488

Northeast Delta Human Services Authority does not discriminate based upon age, disability, sex, sexual orientation, gender identity, race, creed, color, religion, political beliefs, veteran status, national origin, ability to pay, or any other non-merit factor.